



2H (24) Yau Man Hei

Good Choices for Me

Today, I am hungry. I want to eat fast food.

I also want to have healthy food for dinner.

What a hard choice to make! Fast food or healthy food? So that I can stay healthy, my choice is healthy food!

2H (25) Yau Yau Nico

Housework

Mrs Chan has two children, Ken and Pam. They are both lazy because they don't help with the housework. In addition, they always make a mess. Mum always has to help them tidy up. Ken watches TV all the time, and Pam keeps reading her books.

One day Mrs Chan is sick. She feels very ill, so she is too tired to do the housework. She leaves all the laundry on the sofa. She sleeps in her room all day. The house is a mess.

When Ken and Pam come home, they find out their mother is ill, so they want to help their mother finish the housework. "Let's finish the housework!" says Ken. "Of course! Let's do it now!" answers Pam. When mum wakes up, she sees that the house is very clean. She says, "Thank you! You are wonderful!" Mrs Chan is super happy.